

Community Resources

Emergency Numbers / 24 Hour Crisis Lines

County Mental Health Social Service Agencies and 24 Hour Crisis Lines:

Carver County	Social Services (952) 361-1600	24 Hour Crisis (952) 442-7601
Hennepin County	Social Services (612) 348-4111	24 Hour Crisis (612) 873-2222
Wright County	Social Services (763) 682-7400	24 Hour Crisis (800) 635-8008

Other 24 hour crisis support, referral and information:

Crisis Connection	(612) 379-6363
Statewide / National Crisis Intervention	(800) 273-TALK (8255)
United Way First Call for Help	
Twin Cities	211
Statewide	(800) 543-7709
St. Bart's Pastoral Emergency Line	(952) 473-6601
Hennepin County Child Protection	
1 st Response 24 hour Crisis Number	(612) 821-4539
Sexual Assault Resource Services	(612) 347-5832
Suicide Awareness Voices of Education	(952) 946-7998

National Crisis 24 Hour Lines:

National Suicide Crisis Hot Line	(800) 784-2433
National Youth Crisis Hot Line	(202) 237-2280
National Youth Suicide Hot Line	(800) 621-4000

Chemical Dependency

Al-Anon/Alateen Information Services	(952) 920-3961	www.al-anon-alateen-msp.org
Minneapolis AA Intergroup	(952) 922-0880	www.aaminneapolis.org
Hazelden Center for Youth & Families	(800) 833-4497	www.hazelden.org
Fairview Recovery Services		www.fairview.org
Chemical Dependency Intake	(612) 672-2222	

Childcare Referral Services

Greater Minneapolis Day Care Assoc.	(612) 341-1177	www.gmdca.org
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Counseling Resources & Referrals

Catholic Charities	(651) 222-3001	www.ccspm.org
	(612) 664-8500	
Family & Children's Services	(952) 884-7353	www.famchildserv.org
	(612) 339-9109	
St. Bartholomew Pastoral Care Ministry	(952) 473-6601	www.st-barts.org
		mreding@st-barts.org
		rwitucki@st-barts.org
		cducharme@st-barts.org

Food Emergency & Referrals

IOCP (763) 489-7500 1605 County Road 101 N
Plymouth, MN 55447

Mental Health Referral Advocacy, Support, Education

Mental Health Association of Minnesota www.mentalhealthmn.org
Twin Cities (612) 331-6840
Statewide (800) 862-1799
Mental Health Consumer / Survivor
Network of Minnesota (800) 483-2007
(651) 637-2800 www.mhcsn.net
Minnesota Association of
Children's Mental Health (651) 644-7333
Minnesota Depression & Bipolar Support
Alliance (support groups) (800) 862-1799
(612) 331-6840 www.dbsalliance.org
Minnesota Disability Law Center (800) 292-4150
(612) 332-1441
National Alliance for the Mentally Ill (651) 645-2948
www.nami.org
www.save.org
Suicide Awareness Voices of Education (952) 946-7998
Equal Employment Opportunity
Commission (help with job
discernment issues in MN) (800) 669-4000
Eating Disorders Institute of
Methodist Hospital (800) 862-7412
(952) 993-6200 www.parknicollet.com

Shelters & Resources

Lewis House (651) 452-7288 www.communityactioncouncil.org
Cornerstone Advocacy Services (952) 884-0376 www.cornerstonedv.com
Tubman Family Alliance www.tubmanfamilyalliance.org
(Hennepin, Ramsey, Washington)
West Metro Help Line (612) 825-0000
East Metro Help Line (651) 770-0777
St. Anne's Place - www.ascensionplace.org
Women & Children (612) 521-2128
St. Joseph's Home for Children (612) 827-6241 www.ccspm.org
The Bridge for Runaway Youth (612) 377-8800 www.bridgeforyouth.org
Sojourner Shelter Crisis Number (952) 933-7422 www.sojournerproject.org

Spiritual Resources

Benedictine Sisters of Erie, PA (814) 899-0614 www.eriebenedictines.org
Benedictine Center (651) 777-7251 www.osb.org/spm
Christ the King Retreat Center (763) 682-1394 www.kingshouse.com
Franciscan Retreats (Prior Lake) (952) 447-2182 www.franciscanretreats.net
Loyola: Spiritual Renewal Resource (651) 641-0008 www.loyolasrr.org
Sacred Ground Center for Spirituality (651) 696-2798 www.sacgrd.com
St. Therese Pastoral Ministry (952) 473-4422 www.st-therese.org
West Suburban Grief Coalition (763) 475-7124 www.hnoj.org/griefCoalition.html

Seniors

Senior Linkage Line (outside metro) (800) 333-2433 www.mnaging.org/advisor/SLL.htm
Metropolitan Area Agency on Aging (651) 641-8612 www.tcaging.com
Catholic Charities / Aging Services (651) 222-3001 www.ccspm.org

Transportation

Metro Mobility (651) 602-1111 www.metrocouncil.org
TTY (651) 221-9886
(Has broad geographical coverage daily, including Sunday and holidays).
To view and print updated schedules online, click “transportation,” ‘Metro Mobility,’
‘Service Guide’ and ‘Communities and Hours of Service.’

Metro Transit
Phone number varies by city. [www.metrotransit.org/
otherTransOpts/dialARide.asp](http://www.metrotransit.org/otherTransOpts/dialARide.asp)

Transit Link (651) 602-5465 www.metrocouncil.org
Monday – Friday, 8:00 a.m. – 5:00 p.m. Call 24 hours in advance.
Service within Twin Cities area and includes Hennepin County.
Will serve other counties – Check with Transit Link for details.
Brings groceries to your door. \$2.25 one way, up to 10 miles.
Hopkins Dial-A-Ride (952) 935-8003
Plymouth Dial-A-Ride (763) 559-5057

Wheels of Love

Do you know someone who has been deprived of their ability to walk due to illness or disease? Wheels of Love helps seniors who live with respiratory disorders, arthritis, cardiovascular disease, have a mobility limitation and difficulty in propelling a standard wheelchair, to receive a power-chair or scooter paid for by Medicare. For eligibility information on Wheels of Love, please call 1-866-631-3028.

Marriage

Retrouvaille (800) 470-2230 www.helpourmarriage.com
Marriage Encounter (651) 426-4710 www.owenblock.com/wwme
Couple to Couple League (612) 721-3791 www.isd.net/couple

Catholic Charities Offices

www.ccspm.org

Aging Services (651) 222-3001
Migration and Refugee Services (651) 222-3001
Counseling – Individual & Group (651) 222-3001
Separated & Divorced (651) 222-3001
Caregiver Support & Respite (651) 215-2246

Catholic Pastoral Committee for
Sexual Minorities (612) 872-9128 www.mtn.org/cpcsm
MN Work Force Center (888) 438-5627 www.mnworkforcecenter.org

*We offer the resources in this link for your consideration and invite you to
explore their referrals, support and educational materials.
Please contact Pastoral Ministry for further information or questions.*