

# FEBRUARY MENU 2012

ONLINE ORDER SUBMISSION THROUGH St. Barts website : [www.st-barts.org](http://www.st-barts.org)

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Popcorn Chicken Wrap Whole Wheat Flour Tortilla Romaine Lettuce, Shredded Cheese, Ranch Dressing Fresh Fruit (Vit C. Source) Red Beans & Rice	BBQ Beef Riblet Whole Grain Bun Fresh Broccoli Salad Fruit Cocktail Chocolate Pudding	Breaded Chicken Patty & Ranch Dressing Whole Grain Bun Fresh Baby Carrots Honeydew Melon Wedge
6	7	8	9	10
Rotini Pasta with Italian Meat Sauce Diced Pears Whole Grain Bar	Turkey Corn Dog Baked Potato Wedges Four Bean Salad Fresh Fruit (Vit. C Source) Whole Grain Chocolate Chip Cookie	Beef Sloppy Joes on Whole Grain Bun Sweet Potato Puffs Pineapple Tidbits Whole Grain Corn Chips	Turkey Egg Roll Fried Brown Rice Fresh Baby Carrots Ranch Dressing Fresh Fruit	Cheese Pizza Fresh Apple Fresh Baby Carrots Ranch Dressing
13	14	15	16	17
Chicken Chow Mein Casserole Fresh Baby Carrots Fresh Apple Whole Grain Bar	<b>Grade 6 Ski Trip</b>	Beef Tacos Whole Wheat Flour Tortilla Romaine Lettuce Shredded Cheese Salsa Cantaloupe Wedge	Cheese Omelet Baked Tator Tots Ketchup Whole Grain Bar 100% Fruit Juice	Turkey Hot Dog & Ketchup Whole Grain Bun Vegetarian Black Bean Chili Applesauce
20	21	22	23	24
No school	Chicken Taco Salad Corn Tortilla Chips Chopped Romaine Cheddar Cheese & Salsa Brown Rice Fresh Banana	Cheese Pizza Fresh Apple Fresh Baby Carrots Ranch Dressing	Turkey Breast BBQ on Whole Grain Bun Potato Salad Fresh Cantaloupe Wedge Whole Grain Bar	French Toast Maple Syrup Cheese Omelet Pineapple Tidbits Fresh Carrots
27	28	29		
Glazed Chicken Drumstick Brown Rice Pilaf Fresh Carrots Diced Peaches	Rotini Pasta with Italian Meat Sauce Fresh Fruit (Vit. C Source) Romaine Salad Ranch Dressing Whole Grain Breadstick	Chicken Nuggets & Ketchup Au Gratin Potatoes Fresh Fruit (Vit C. Source)		

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