

JANUARY MENU 2012

ONLINE ORDER SUBMISSION THROUGH St. Barts website : www.st-barts.org

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
No School	Turkey Corn Dog with ketchup Baked Potato Wedges Four Bean Salad Fresh Fruit (Vit. C Source) Whole Grain Chocolate Chip Cookie	Beef Sloppy Joes on Whole Grain Bun Sweet Potato Puffs Pineapple Tidbits Whole Grain Corn Chips	Glazed Chicken Drumstick Brown Rice Pilaf Fresh Grapes Fresh Baby Carrots Ranch Dressing	SPIRIT WEAR Breaded Chicken Patty Broccoli Cheese & Rice Casserole Apricots
9	Grade 4 Field Trip 10	11	12	13
Chicken Ala King on Brown Rice Pilaf Fresh Baby Carrots Fresh Apple Cranberry Relish	Cheeseburger on Whole Grain Bun Ketchup & Pickle Slices Black Bean & Corn Salad Sweet Potato Fries Banana	Beef Tacos Whole Wheat Flour Tortilla Romaine Lettuce Shredded Cheese, Salsa Cantaloupe Wedge Brown rice	Cheese Omelet Baked Tator Tots Ketchup Whole Grain Bar 100% Fruit Juice	Turkey Hot Dog & Ketchup Whole Grain Bun Vegetarian Black Bean Chili Applesauce
16	17	18	19	20
No School	Chicken Taco Salad Corn Tortilla Chips Chopped Romaine Cheddar Cheese & Salsa Brown Rice Pilaf Fresh Banana	Juicy Cheeseburger on Whole Grain Bun Fresh Broccoli & Ranch Baked Beans Fresh Apple Ketchup & Pickles Slices	Turkey Breast BBQ on Whole Grain Bun Potato Salad Fresh Cantaloupe Wedge	French Toast Maple Syrup Turkey Sausage Links Pineapple Tidbits Fresh Carrots
23	24	25	26	27
Glazed Chicken Drumstick Brown Rice Pilaf Fresh Carrots Diced Peaches	Rotini Pasta with Italian Meat Sauce Fresh Fruit (Vit. C Source) Romaine Salad Ranch Dressing Whole Grain Breadstick	Chicken Nuggets Baked French Fries Ketchup Fresh Fruit (Vit C. Source)	All Beef Hot Dog on Whole Grain Bun Ketchup Sweet Potato Puffs Fresh Grapes Tiny Pretzel Twists	Cheese Pizza Fresh Apple Fresh Baby Carrots Ranch Dressing
30	31			
Turkey & Gravy Creamy Mashed Potatoes Fresh Apple Whole Grain Cranberry Bar	Meatball Sub With Marinara Sauce Mozzarella Cheese Fresh Zucchini Squash Banana			

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.
To file a complaint of discrimination, write USDA, Director, office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; or call toll free (866) 632-9992 (Voice).
Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).
USDA is an equal opportunity provider and employer.